

Our 2010 plan

	What	How
<p>Every four people in Gloucestershire experiences mental ill-health however, this group of people are amongst the most socially excluded in the county.</p> <p>Many agencies in Gloucestershire signed up to ensure that Social Inclusion becomes a reality for people who are vulnerable to mental health problems.</p> <p>Objectives:</p> <p>To reduce mental health inequalities, improve the experience and to improve opportunities for people to connect with their communities.</p> <p>How to be achieved by:</p> <p>By working in Gloucestershire to engage with individuals and communities and gaining and taking action that improves quality of life.</p> <p>Key areas to be tackled are:</p> <ul style="list-style-type: none"> Increasing Participation Improving Recovery Reducing health inequalities Ensuring equal access to services Improving housing and related support Ensuring financial security Supporting people to work, leisure and lifelong learning <p>Workplaces are mental health fit</p> <p>Reducing stigma and discrimination</p> <p>Improvement of mental ill-health and promotion of good mental health</p> <p>Improvement of people</p> <p>Working across agencies, organisations and with individuals</p> <p>Ensuring that services are personalised</p>	<p>1</p> <p>Support people who experience mental ill health to engage in their communities as part of recovery</p>	<ul style="list-style-type: none"> • Pilot person-centred planning and personalised budgets for and with mental health service users to enhance choice and community engagement. • Commission work & education services to ensure that people experiencing mental ill health can take steps and gain support to achieve a vocational role. • Make stronger links between mental health service providers and accommodation / household support providers so that people have a wider range of housing and support options.
	<p>2</p> <p>Demonstrate that mental health services are part of a strong and supportive community</p>	<ul style="list-style-type: none"> • Develop a tool that can be used by organisations to assess their social inclusion impact. • Develop the opportunity for Gloucestershire residents to have their mental health needs addressed at the earliest possible point and to support individuals to continue with their day-to-day self care, work and leisure roles • Provide information & marketing materials in appropriate format in order that organisations can reach people who have traditionally found it difficult to seek mental health support.
	<p>3</p> <p>Show communities that mental health matters</p>	<ul style="list-style-type: none"> • Establish partnership work across statutory, voluntary and commercial organisations in each district in Gloucestershire to deliver a social marketing campaign about the importance of emotional wellbeing. • Encourage more employers in Gloucestershire to become Mindful Employers and to deliver more Mental Health First aid training for employees. • Work with the local media to publish articles which promote mental health and illustrate the achievements and contribution that people with experience of mental ill health can and do make.

Photograph

Photograph

Photograph

Photograph